

Morris County Vocational School District

April 2018
Lunch Menu

Student Lunch \$3.00 Reduced Lunch \$0.40 Adult Lunch \$3.75

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN BISTRO **NY Style or Personal Pan Pizza with a Variety of Toppings**

Great Grillers **Hamburger or Cheeseburger on a Bun**
Plain or Spicy Chicken Sandwich

Deli Central **Made-to-Order and Grab & Go:**
Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings

Harvest Market **Assorted Freshly Prepared Specialty Salad Meals and Made-to-Order Salad Meals**

Our well-balanced lunches available for the week, average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!



The Main Event

Monday Tuesday Wednesday Thursday Friday

2	3	4	5	6
Spring Recess! School Closed				
9 Chicken Quesadilla Corn Salad & Refried Beans Fresh or Chilled Fruit	10 <i>New Recipe!</i> Chilli w/ Rice Bowl with potato wedges Fresh or Chilled Fruit	11 Pasta Bar Choice of Sauces & Toppings Garlic Bread Green Beans Fresh or Chilled Fruit	12 Sloppy Joe Sliders with Sweet Potato Fries Fruit Crisp	13 Balsamic Chicken Panini Freshly Prepared Caesar Salad Fresh or Chilled Fruit
16 <i>Meatless Monday</i> Cheese Stuffed Shells with Marinara Sauce Warm Breadstick Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	17 <i>Breakfast for Lunch</i> Pancake Bar Choice of Toppings Maple Glazed Ham Tater Tots Fresh or Chilled Fruit	18 BBQ Chicken Cheddar Melt Freshly Prepared Vegetable Pasta Salad Fresh or Chilled Fruit	19 Nacho Platter with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa Steamed Corn Fresh or Chilled Fruit	20 Turkey Club Sautéed Veggies Mini Parfait Fresh or Chilled Fruit
<i>Eat the Colors of the Rainbow Week</i>				
23 Open Faced Rye Melt Sautéed Veggies Fresh or Chilled Fruit	24 Nacho Platter with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa Steamed Corn Fresh or Chilled Fruit	25 Pasta with Meatballs Warm Garlic Breadstick Freshly Prepared Italian House Salad Fresh or Chilled Fruit	26 <i>National Pretzel Day</i> Ham & Cheese Melt on a Pretzel Bun Emoji Fries Fresh or Chilled Fruit	27 Oven Roasted Chicken Oven Baked Fries Fresh or Chilled Fruit
30 <i>Meatless Monday</i> Caprese Panini with Mozzarella Cheese, Tomatoes, Basil, & Balsamic Glaze Italian-Style Potato Wedges Fresh or Chilled Fruit				

MENU SUBJECT TO CHANGE

Questions or Concerns?

Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-627-4600

