

Morris County Vocational School District

April 2017
Lunch Menu

Student Lunch \$3.00 Reduced Lunch \$0.40 Adult Lunch \$3.75

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN BISTRO **NY Style or Personal Pan Pizza with a Variety of Toppings**

Great Grillers **Hamburger or Cheeseburger on a Bun**
Plain or Spicy Chicken Sandwich

Deli Central **Made-to-Order and Grab & Go:**
Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings

Harvest Market **Assorted Freshly Prepared Specialty Salad Meals and Made-to-Order Salad Meals**

The Main Event

Monday	Tuesday	Wednesday	Thursday	Friday
3  Chicken Parm Hero Battered French Fries 100% Juice Sorbet Fresh or Chilled Fruit Opening Day	4 Baked Ziti Garlic Bread Served with House salad Fresh or Chilled Fruit	5 Pizza Day Assorted Pizzas served with House Salad Fresh or Chilled Fruit	6 General Tso's Chicken with Rice Steamed Broccoli Fresh or Chilled Fruit	7 Rodeo Burger on a Bun with Onion Rings & BBQ Sauce Freshly Prepared Italian House Salad Fresh or Chilled Fruit
10 School Closed	11 School Closed	12 School Closed	13 School Closed	14 School Closed
Spring Recess! School Closed				
17 New Item! Grilled Balsamic Chicken Hero with Mozzarella Cheese, Roasted Red Peppers, & Drizzled with Balsamic Glaze Confetti Fries Fresh or Chilled Fruit	18 New Items! Bacon Grilled Cheese Sandwich with Chipotle Sauce Tomato Basil Soup Fresh Cucumber Coins Fresh or Chilled Fruit Eat the Colors of the Rainbow Week!	19 Pasta Bar with choice of Meat Sauce, Alfredo Sauce, or Meatballs Marinara Garlic Breadstick Freshly Prepared Caesar Salad Fresh or Chilled Fruit National Garlic Day	20 Teriyaki Chicken with Rice Steamed Broccoli Fresh or Chilled Fruit	21 Meatball Parm Hero Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit
24 Spicy or Plain Chicken Tender Basket with Warm Breadstick & Tater Tots Fresh Celery Dippers Fresh or Chilled Fruit	25 Mac N' Cheese Bar Choice of Toppings. Served with Fruit Crisp and Roasted Veggies Fresh or Chilled Fruit Earth Day	26 Bacon Cheddar Cheeseburger on a Bun Smile Fries Fresh or Chilled Fruit Heartzels Pretzels National Pretzel Day	27 Taco Bar Assorted Toppings Served with Rice & Corn Salad Fresh or Chilled Fruit	28 Chicken Parm Hero Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit
				

Our well-balanced lunches available for the week, average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

 Check us out on Facebook: **Maschio's Food Services, Inc.**

MENU SUBJECT TO CHANGE

Questions or Concerns?

Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-627-4600


Maschio's Food Services, Inc.

"This institution is an equal opportunity provider"